

### COMBAT PARAMEDIC/ PROVIDER

## TACTICAL COMBAT CASUALTY CARE COURSE

# MODULE 1: PRINCIPLES AND APPLICATION OF TACTICAL COMBAT CASUALTY CARE (TCCC)



**TCCC** TIER 1 All Service Members

TCCC TIER 2
Combat Lifesaver

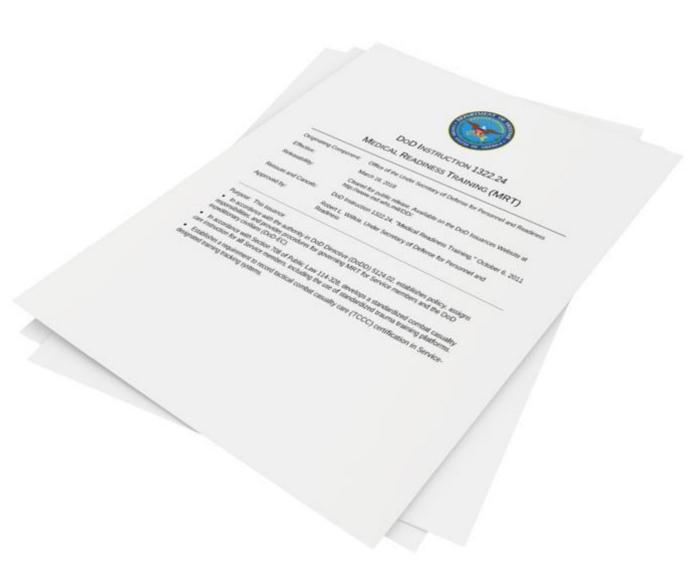
TCCC TIER 3
Combat Medic/Corpsman

TCCC TIER 4
Combat Paramedic/Provider



### NDAA 2017 section 708 DoDI 1322.24

- Standardizes Combat Casualty
  Care for all Service members
- Mandates the use of a standardized trauma training platform





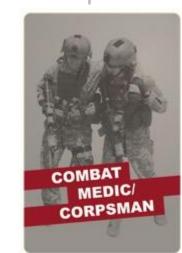
#### TACTICAL COMBAT CASUALTY CARE (TCCC) ROLE-BASED TRAINING SPECTRUM

### **ROLE 1 CARE**

### NONMEDICAL PERSONNEL









**MEDICAL** 

YOU ARE HERE

PARAMEDIC/

PROVIDER

#### STANDARDIZED JOINT CURRICULUM



## This isn't your typical first aid training

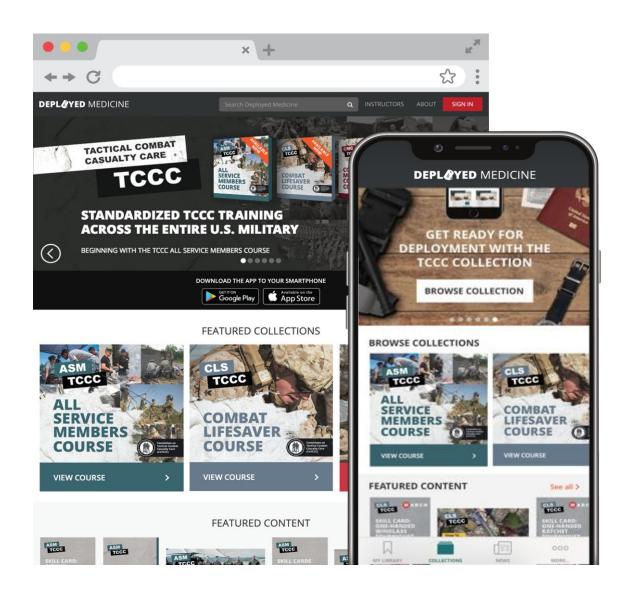
## **DEPLØYED**MEDICINE

- Training & Education Resource
- All Service Members (ASM), Combat Lifesaver (CLS), Combat Medic /Corpsman (CMC), and Combat Paramedic/Provider (CPP) TCCC Curriculum
- Updated videos, podcasts, and resources
- Download CPGs to your phone

www.deployedmedicine.com









### WHAT THIS COURSE CONTAINS

- Principles and Applications of TCCC
- Medical Equipment
- Care Under Fire
- Principles and Application of Tactical Field Care
- Tactical Trauma Assessment
- Massive Hemorrhage Control
- Airway Management
- Respiration Assessment and Management
- Circulation/Hemorrhage Control

- Shock Recognition and Management
- Hemorrhagic Shock Fluid Resuscitation
- Hypothermia Prevention and Treatment
- Head Injuries
- Eye Injuries
- Pain Medications (Analgesia)
- Antibiotic Administration
- Wound Management
- Burns

- Fractures
- Casualty Monitoring
- Communication
- Cardiopulmonary Resuscitation
- Documentation
- Preparation for Evacuation



## Module 1: Principles and Application of TCCC 1 x TERMINAL LEARNING OBJECTIVE

### 01 Describe the practice of TCCC in accordance with CoTCCC Guidelines.

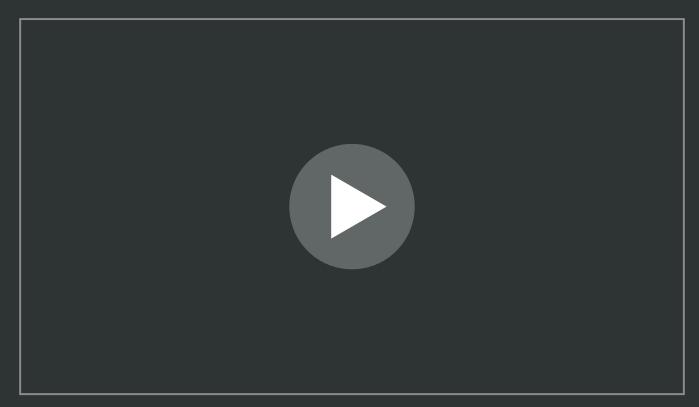
- 1.1 Identify the leading causes of preventable death due to traumatic injuries and the corresponding interventions to help increase chances of survival.
- 1.2 Describe the TCCC Phases of Care and how intervention priorities differ in each phase, in accordance with CoTCCC Guidelines.
- 1.3 Describe the application of TCCC in combat and noncombat settings across different environments.
- 1.4 Describe the role and responsibilities of all non-medical and medical personnel in rendering TCCC care in accordance with Joint Publication 4-02 and DoDI 1322.24.
- 1.5 Identify the key factors influencing TCCC.
- 1.6 Identify the importance of TCCC training.
- 1.7 Identify the three objectives (or goals) of TCCC.

- 1.8 Identify the lifesaving impacts of TCCC implementation in prehospital trauma care.
- 1.9 Identify methods used to stay current and up-to-date with TCCC Guidelines and protocols.
- 1.10 Identify the origins of TCCC, including the Committee on Tactical Combat Casualty Care (CoTCCC), and define the importance of CoTCCC Guidelines/Recommendations.
- 1.11 Identify the methodology for TCCC Guideline changes and revisions.
- 1.12 Identify TCCC training methods ensuring unit readiness in achieving no losses due to preventable combat deaths.
- 1.13 Identify the mission and purpose of the Joint Trauma System and its role in combat casualty care at the unit level.

#### 13 x ENABLING LEARNING OBJECTIVES



## Intro to Tactical Combat Casualty Care (TCCC) Overview



Video can be found on deployedmedicine.com



## LEADING CAUSES OF PREVENTABLE COMBAT DEATH DUE TO TRAUMATIC INJURIES



### EXTREMITY HEMORRHAGE

Intervention: Limb tourniquet

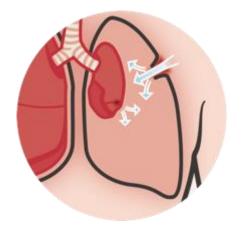


### JUNCTIONAL HEMORRHAGE

#### Intervention:

Hemostatic dressing and wound packing;

Junctional tourniquet



### TENSION PNEUMOTHORAX

#### Intervention:

Needle decompression of the chest (NDC)

Chest tube insertion



### AIRWAY TRAUMA/ OBSTRUCTION

#### Intervention:

Airway maneuvers, nasopharyngeal airway

Advanced surgical airways or ETT intubation



### Three PHASES of TCCC

CARE UNDER FIRE (CUF) / THREAT 2

TACTICAL FIELD CARE (TFC) 3

TACTICAL EVACUATION CARE (TACEVAC)

RETURN FIRE AND TAKE COVER

WORK UNDER COVER AND CONCEALMENT

MORE DELIBERATE
ASSESSMENT AND PREEVACUATION PROCEDURES



### PHASE 1: CARE UNDER FIRE / THREAT

### RETURN FIRE AND TAKE COVER



### **NEVER ATTEMPT** •

to rescue a casualty until hostile fire is suppressed



Using available resources, ensure scene safety

### DIRECT CASUALTY TO REMAIN ENGAGED

HAVE CASUALTY MOVE
TO COVER AND APPLY
SELF-AID (if able)

or

MOVE OR DRAG
CASUALTY TO COVER
(if tactically feasible)

KEEP CASUALTY FROM SUSTAINING ADDITIONAL WOUNDS





### PHASE 1: CARE UNDER FIRE / THREAT (CONT.)

CASUALTIES SHOULD
BE EXTRACTED AND
MOVED to relative safety
once scene is secure



Stop the burning process, if relevant

#### STOP LIFE-THREATENING

**EXTERNAL HEMORRHAGE** (if tactically feasible)



For life-threatening bleeding, place a tourniquet over the uniform "proximal" to the bleeding site(s)



NOTE: If life-threatening bleeding is **not readily apparent**, place tourniquet as proximal as possible on injured limb

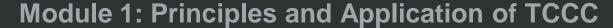
MOVE the CASUALTY to cover



#### **IMPORTANT CONSIDERATION:**

Continuously assess risks and make a plan before moving a casualty







### **MARCH PAWS**

POTENTIALLY LIFE-THREATENING



**MASSIVE BLEEDING** 

**#1** priority



**AIRWAY** 



**RESPIRATION** (breathing)



**CIRCULATION** 



HYPOTHERMIA / HEAD INJURIES

### **AFTER LIFE-THREATENING**



**PAIN** 



**ANTIBIOTICS** 



**WOUNDS** 

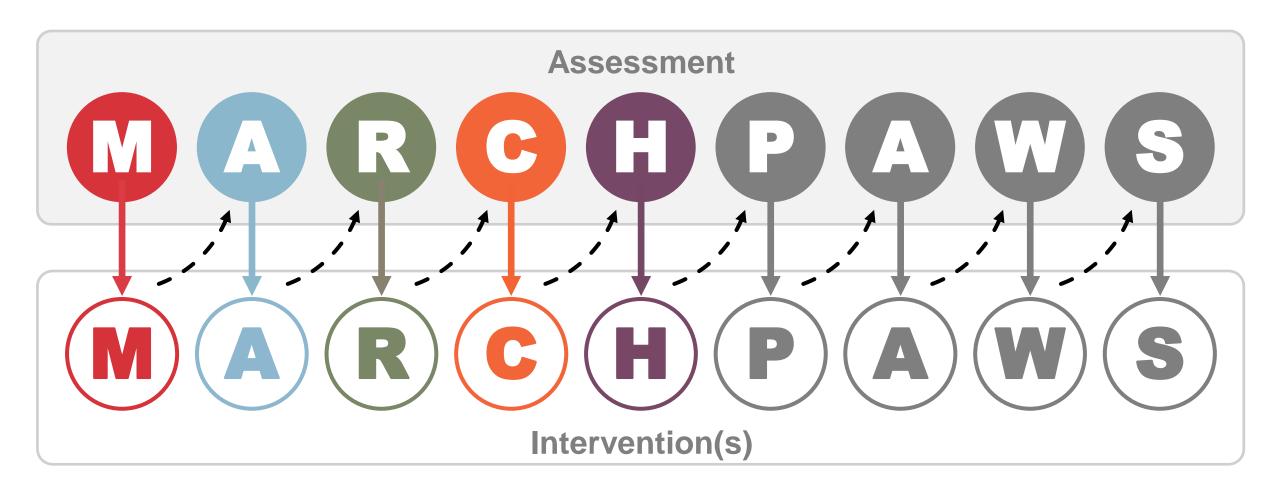


**SPLINTING** 





### TACTICAL TRAUMA ASSESSMENT PROCESS







### PHASE 2: TACTICAL FIELD CARE



ESTABLISH SECURITY PERIMETER



TRIAGE CASUALTIES



ASSESSMENT AND TREATMENT



**COMMUNICATION** 



DOCUMENTATION OF CARE



PREPARATION FOR EVACUATION



### PHASE 2: TACTICAL FIELD CARE (cont.)

## TACTICAL FIELD CARE



- The casualty and the person rendering care are **NOT** under direct fire
- TFC can turn into
  Care Under Fire unexpectedly
- Personnel should maintain SITUATIONAL AWARENESS

## LIMITED SUPPLIES



- Medical equipment and supplies are limited to what is carried into the field by the CPP, any CMC, CLS, and the INDIVIDUAL SERVICE MEMBER
- Always use the casualty's **Joint First Aid Kit (JFAK)** first



**REMEMBER:** Intervention priorities should follow **MARCH PAWS** 



### PHASE 3: TACTICAL EVACUATION CARE

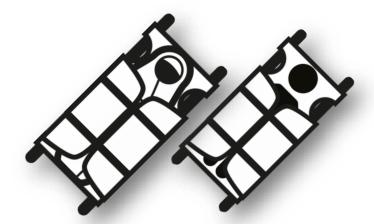


ESTABLISH EVACUATION
POINT SECURITY/STAGE
CASUALTIES FOR
EVACUATION



COMMUNICATING CASUALTY INFORMATION

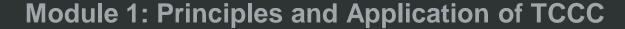




STAGING/LOADING CASUALTIES



REASSESSING/ RE-EVALUATING





## Three PHASES of TCCC

### **CUF / Threat**

**TFC** 

### **TACEVAC**

1

RETURN FIRE
AND TAKE COVER



WORK UNDER COVER AND CONCEALMENT



DELIBERATE ASSESSMENT
PRE-EVACUATION
PROCEDURES

- Direct the casualty to remain engaged
- Direct the casualty to move to cover
- Keep casualty from sustaining additional wounds
- Stop life-threatening external hemorrhage
- Move casualty to cover

Establish a security perimeter and maintain tactical situational awareness

- Triage casualties
- Assess and treat following MARCH PAWS sequence
- Communicate
- Document care
- Prepare casualty for evacuation

- Establish evacuation point security and stage casualties
- Communicate casualty information to TACEVAC
- TACEVAC personnel stage casualties on evacuation platforms
- Secure casualties in evacuation platform
- Re-assess and re-evaluate all injuries / interventions



## APPLICATION OF TCCC IN COMBAT VERSUS NONCOMBAT SETTINGS



MOTOR VEHICLE ACCIDENT



**ACTIVE SHOOTER** 



WORKPLACE ACCIDENT



REMEMBER! The principles of TCCC apply to all of these varied-use cases



## APPLICATION OF TCCC IN DIFFERENT ENVIRONMENTS



CIVILIAN OR MILITARY HOSPITAL SETTING





COMBAT OR AUSTERE FIELD SETTING



## ROLES AND RESPONSIBILITIES OF ALL SERVICE MEMBERS

## CARE UNDER FIRE/THREAT

In a **CUF** situation the All Service Member should:

- Ensure scene safety
- Move casualty to safety
- Identify and control life-threatening bleeding

## TACTICAL FIELD CARE

In a **TFC** situation, the All Service Member should:

- Perform a Rapid Casualty Assessment
- Follow MARCH sequence & render any treatments they have been trained on
- Seek help as directed by unit standard operating procedure(s)



## ROLES AND RESPONSIBILITIES OF COMBAT LIFESAVERS

### CARE UNDER FIRE/THREAT

In a **CUF** situation the Combat Lifesaver should:

- Suppress hostile fire to minimize the risk of injury to personnel and minimize additional injury to previously injured Service members
- Assist in providing self-aid and moving casualties, if feasible

## TACTICAL FIELD CARE

In a **TFC** situation, the Combat Lifesaver should:

- Maintain security and situational awareness
- Perform casualty assessments
- Follow MARCH PAWS protocol to render any treatments they have been trained on
- Support the CMC or CPP, as directed



## ROLES AND RESPONSIBILITIES OF THE COMBAT MEDIC/CORPSMEN

## CARE UNDER FIRE/THREAT

## TACTICAL FIELD CARE

## TACTICAL EVACUATION CARE

#### The **CMC** should:

- Suppress hostile fire to minimize new or additional injury to casualties
- Assist in providing self-aid and moving casualties, if feasible

#### The **CMC** should:

- Assume the **primary role** for casualty assessment and treatment
- Manage and direct casualty response efforts utilizing all available responders
- Support the CPP, as directed

#### The **CMC** should:

- Reassess casualties before arrival of evacuation assets
- Communicate findings to the TACEVAC medical personnel
- Ensure proper staging and support loading
- Secure casualties on the evacuation platform



## ROLES AND RESPONSIBILITIES OF THE COMBAT PARAMEDIC/PROVIDER

## CARE UNDER FIRE/THREAT

#### The **CPP** should:

- Suppress hostile fire to minimize new or additional injury to casualties
- Assist in providing self-aid and moving casualties, if feasible

## TACTICAL FIELD CARE

#### The **CPP** should:

- Provide casualty assessment and treatment when functioning as the unit medic
- Manage and direct casualty response efforts utilizing all available responders

## TACTICAL EVACUATION CARE

#### The **CPP** should:

Reassess casualties, communicate findings to TACEVAC medical personnel, ensure proper staging and support loading, and secure casualties on the evacuation platform

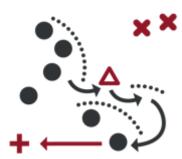
Additional roles include medic training program development and management and the overall direction of the Role 1 medical response system



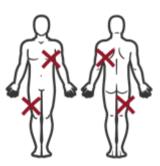
### **KEY FACTORS INFLUENCING TCCC**



**Hostile fire** 



**Tactical** considerations



Wounding patterns



**Environmental** considerations



**Level of first responder** training and experience



**Equipment** constraints



**Delays in reaching** higher levels of care

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### IMPORTANCE OF TCCC TRAINING

**Application of TCCC** has resulted in the lowest preventable death rate ever

Individuals who are regularly trained in **TCCC** are **COMBAT-READY** when they deploy

Units that train together perform more efficiently in an operational setting

During training, CPPs can refine the Role 1 medical response, ensure unit CMC readiness, and identify outstanding performers to use as extenders and first responders who might benefit from additional mentorship





### THE THREE OBJECTIVES OF TCCC

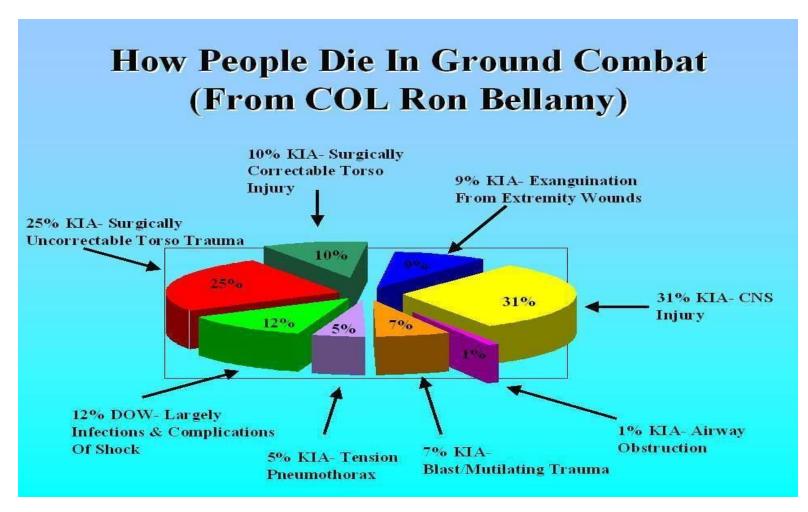








### PREHOSPITAL TRAUMA CARE IN VIETNAM



Over 2500 PREVENTABLE DEATHS from EXTREMITY HEMORRHAGE occurred in Vietnam.

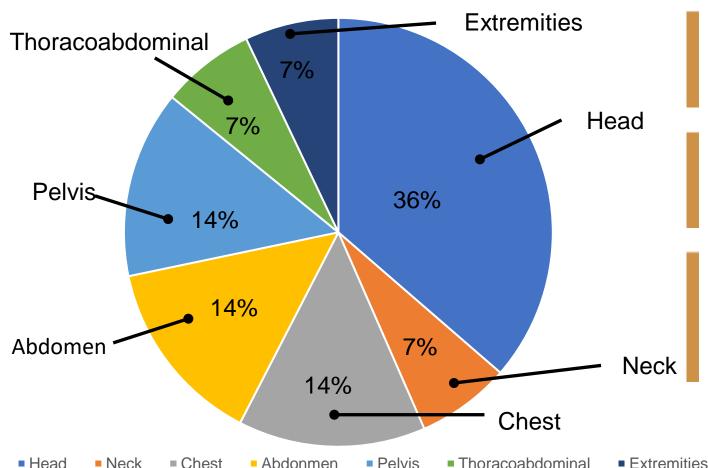
These casualties had no other injuries!

25 years later, we have still not learned the tourniquet lesson from Vietnam.



### LIFESAVING IMPACTS OF IMPLEMENTING TCCC IN PREHOSPITAL TRAUMA CARE MID-1990s

FATAL PENETRATING INJURIES MOGADISHU



22% of these casualty's died from **UNCONTROLLED HEMORRHAGE** in Mogadishu

**HEMORRHAGE** is the leading cause of combat death when evacuation is delayed for more than 6 hours

Though upgrades in body armor helped protect those that were injured, there is a need to improve the field management of hemorrhage



## LIFESAVING IMPACTS OF IMPLEMENTING TCCC IN PREHOSPITAL TRAUMA CARE CURRENTLY



8 of 12

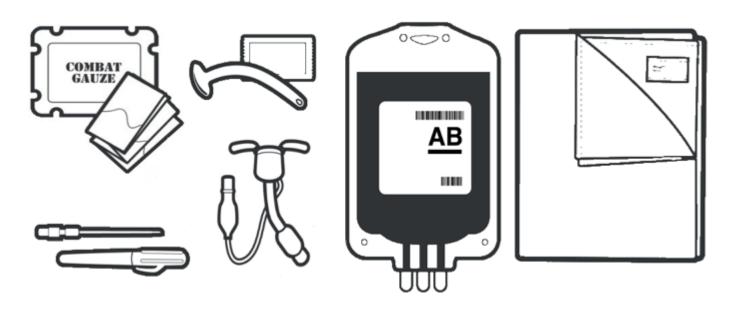
Deaths from potentially survivable injuries might have been prevented by the proper application of TCCC principles



## LIFESAVING IMPACTS OF IMPLEMENTING TCCC IN PREHOSPITAL TRAUMA CARE (cont.)



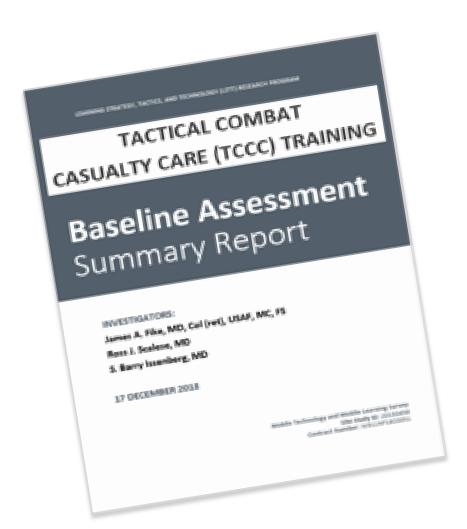
In addition to tourniquet guidance, many other TCCC advances have now been widely adopted



**Including:** Hemostatic dressing and wound packing; junctional tourniquet, needle decompression of the chest, nasopharyngeal airway, cricothyroidotomy, extraglottic airway, resuscitation with blood products, and hypothermia prevention, to mention a few



## TCCC TRAINING METHODS TO ENSURE UNIT READINESS



### **2018 TCCC Baseline Training Assessment**

Main findings responsible for variations in training:

- Inconsistent instructor training and selection
- Variable methods of assessment
- Lack of adequate physical space
- Variations in simulation capabilities





## TCCC TRAINING METHODS TO ENSURE UNIT READINESS



#### Recommendations to optimize training outcomes

- Ensure line leadership prioritizes TCCC training
- Use the **approved** Joint Trauma System resources
- Properly-trained and up-to-date instructors
- Incorporate real-world experiences and case scenario-based examples
- Provide the most **realistic training environment** you can
- Use **standardized** assessments, **constructive** feedback and **remediation**
- Incentivize training outside of formal classes (e.g., **Deployed Medicine**)



## THE ORIGINS OF TCCC AND THE COMMITTEE ON TCCC (CoTCCC)

1940-1975 WWII, Korea, Vietnam conflict experiences

1992 Somalia

1996 Initial TCCC Guidelines

Late 1990s NAVSPECWARCOM, 75th Rangers, USAF PJs adopt

2001 CoTCCC chartered by USSOCOM

2002 CENTCOM Joint Theater Trauma System established

2003 1st TCCC Guideline update

2004 DOD Trauma Registry chartered

Joint Trauma System (JTS) established

2007 CoTCCC moves to Defense Health Board

2013 CoTCCC moved under JTS

2021 Most recent TCCC Guideline update



#### The **CoTCCC** mission is

"To develop on an ongoing basis the best possible set of trauma care guidelines customized for the tactical environment and to facilitate the transition of these recommendations into battlefield trauma care practice."



## THE IMPORTANCE OF CoTCCC GUIDELINES & RECOMMENDATIONS

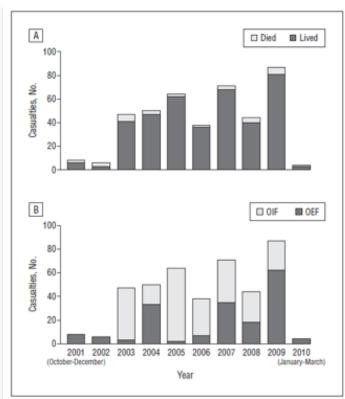


Figure 1. The 75th Ranger Regiment casualties by survival (A) and theater of operation (B) between October 1, 2001, and March 31, 2010. OIF indicates Operation Iraqi Freedom; OEF, Operation Enduring Freedom. Of the 419 casualties incurred, 32 (8%) died and 387 (92%) lived; 239 (57%) occurred in OIF and 180 (43%) occurred in OEF.

Prehospital advances implemented by TCCC have improved the probability that casualties will arrive at the hospital alive so they can benefit from the trauma care system now in place.





### **Highlighted in Key DOD Policies**

- ASD-HA Policy: Institutionalization Milestones of TCCC Training
- ASD-HA Policy: DOD Lifesaving Materiel
- DODI 1322.24:

  Medical Readiness Training



## TCCC GUIDELINE CHANGE METHODOLOGY



Identify issues for consideration

- New technologies
- Lessons identified
- Research findings
- Routine guideline reviews



Initial review by **CoTCCC**Subject Matter Expert(s)

- Consider further
- Collect more information
- Hold off on moving forward for the time



**CoTCCC**-appointed panel research and review

- Literature reviews
- Focused additional research
- Coordination with other subject matter experts



Findings presented to **CoTCCC** membership

- Materials studied in advance
- Deliberations/ discussions
  - Vote on need to change and final recommendations



### ASSESSING THE EVIDENCE FOR GUIDELINES

Level of Evidence	AHA Recommendation System Terminology Explanation	Why the AHA Classification System?
Α	Evidence from multiple randomized clinical trials (RCT) with concordant results or from <b>HIGH-QUALITY</b> meta-analyses.	<ul> <li>The level of evidence recommendations allow readers to quickly glean information on the strength, certainty, and quality of evidence supporting each recommendation.</li> <li>A recommendation with Level of Evidence (LOE) C does not imply that the recommendation is weak.</li> <li>Although, RCTs are unavailable, there may be a very clear clinical consensus that a particular test or therapy is useful or effective.</li> </ul>
B-R	Evidence from moderate-quality trials, or a meta-analysis of moderate quality (RCT) followed by an R to denote <b>RANDOMIZED</b> studies	
B-NR	Evidence from moderate-quality trials, or a meta-analysis of moderate quality followed by NR to denote <b>NON-RANDOMIZED</b> studies	
C-LD	There is no convincing evidence and is followed by LD to indicate LIMITED DATA	
C-EO	There is no convincing evidence and is followed by EO if the consensus is based on <b>EXPERT OPINION</b> , case studies or standards of care.	



## JOINT TRAUMA SYSTEM MISSION AND ROLE AT THE UNIT LEVEL





The mission of the **Joint Trauma System** (JTS) is to improve trauma readiness and outcomes through evidence-driven performance improvement.

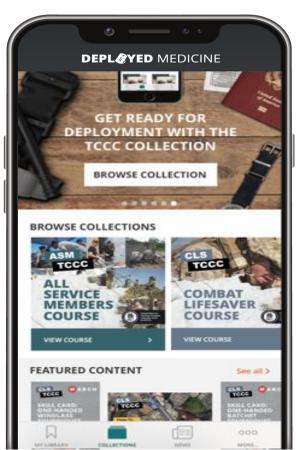
#### **JTS SUPPORT TO UNITS**

- Developing and maintaining clinical practice guidelines (CPGs) and TCCC Guidelines
- Recommending combat casualty care training requirements
- Evaluating and recommending new equipment or medical supplies
- Providing units with up-to-date information to help tailor unit training and procedures
- Improving communication and facilitating movement, collection, and sharing of theater combat casualty data
- Maintaining the Department of Defense Trauma Registry
- Improving the organization and delivery of trauma care

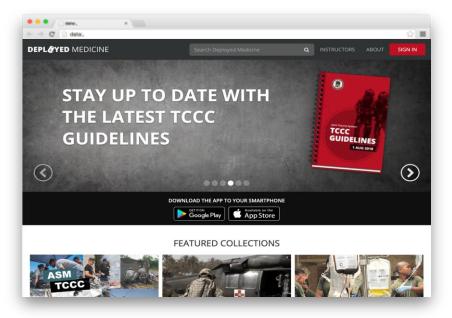


## STAYING UP-TO-DATE WITH TCCC GUIDELINES AND PROTOCOLS

The TCCC Guidelines are reviewed quarterly and updated as needed by CoTCCC



Once approved by the Director of the Joint Trauma System (JTS), the updated version of the TCCC Guidelines is published through:



Defense Health Agency deployedmedicine.com



www.deployedmedicine.com









### **SUMMARY**

### **Knowledge Topics**

- Leading causes of preventable death due to traumatic injuries and the corresponding interventions
- TCCC Phases of Care and how intervention priorities differ in each phase
- Application of TCCC in combat and noncombat settings across different environments
- Role and responsibilities of all non-medical and medical personnel in rendering TCCC care
- Key Factors influencing and the importance of TCCC training
- The three objectives or goals of TCCC
- Lifesaving impacts of TCCC implementation in prehospital trauma care

### **Knowledge Topics**

- Methods used to stay current and up to date with TCCC Guidelines and protocols
- Origins of TCCC, including the Committee on Tactical Combat Casualty Care (CoTCCC)
- Methodology for TCCC Guideline changes and revisions
- TCCC training methods ensuring unit readiness in achieving no losses due to preventable combat deaths
- The mission and purpose of the Joint Trauma System and its role in combat casualty care at the unit level



### **CHECK ON LEARNING**



**Which factors influence TCCC?** 



What are the phases of care in TCCC?



What is the most essential treatment task in CUF / Threat?



What is every first responder's role in CUF / Threat?

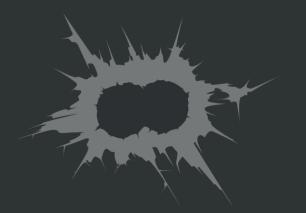


What does MARCH PAWS stand for?



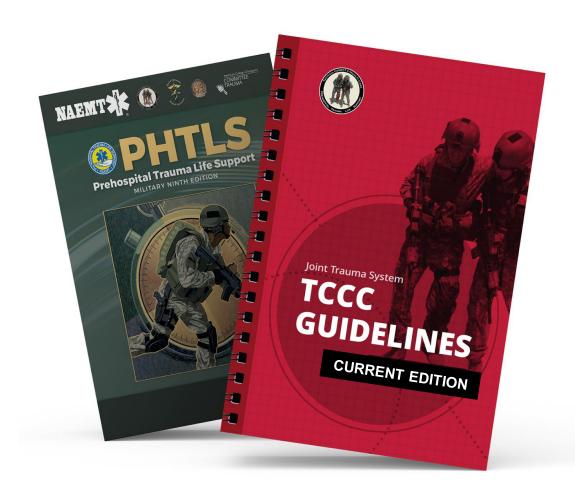








### REFERENCES



### **TCCC:** Guidelines

by JTS/CoTCCC

These guidelines, updated regularly, are the result of decisions made by CoTCCC in exploring evidence-based research on best practices.

## PHTLS: Military Edition, Chapter 25 by NAEMT

Prehospital Trauma Life Support (PHTLS), Military Edition, teaches and reinforces the principles of rapidly assessing a trauma patient using an orderly approach.