

COMBAT MEDIC/CORPSMAN TACTICAL COMBAT CASUALTY CARE

WOUND MANAGEMENT SKILL INSTRUCTIONS

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COMBAT MEDIC/CORPSMAN TACTICAL COMBAT CASUALTY CARE

SKILL INSTRUCTIONS



OPEN ABDOMINAL WOUND INSTRUCTION

TASK: Dress an open abdominal wound

CONDITION: Given a casualty who has an open abdominal wound in the Tactical Field Care

phase, and the necessary materials to treat the casualty

STANDARD: Dress the open abdominal wound, performing all steps and performance measures

without causing further injury to the casualty

EQUIPMENT: Sterile abdominal dressing(s) or other clean dressing materials, water-impermeable

covering, cravats, or material to secure the dressings, and Sterile or clean fluid

PERFORMANCE MEASURES: step-by-step instructions

CAUTION: The size of the external wound is not a safe guideline for judging its severity.

NOTE: Consider body substance isolation.

NOTE: If a Combat Lifesaver is available, direct them to assist.

- **01** Place the casualty in the supine position, with knees flexed.
- **02** Expose the wound, inspecting for deformities, contusions, abrasions, penetrations, burns, lacerations, and swelling, and most importantly, tenderness, rigidity, distention, and pulsating masses.
- **03** Rinse the wound with clean (and warm if possible) fluid to reduce gross contamination. **NOTE:** Apply CoTCCC-recommended hemostatic dressing or hemostatic agent to any uncontrolled bleeding.
- **04** If no evidence of bowel leakage and hemorrhage is visibly controlled, a single brief attempt (<60 seconds) may be made to replace/reduce the eviscerated abdominal contents.
 - **CAUTION:** Do NOT attempt if there is evidence of ruptured bowel (gastric/intestinal fluid or stool leakage) or active bleeding.
 - **CAUTION:** Do NOT FORCE contents back into abdomen or actively bleeding viscera or remove foreign objects.
- **05** If reduction attempt is successful, re-approximate the skin using available material, preferably an adhesive dressing (chest seal, for example) or with staples, sutures or a wound closure device.
- **06** Stabilize any protruding objects (see Impaled Object Instruction).
- **07** Cover exposed bowel with moist, sterile abdominal dressings, if available.
 - NOTE: Protruding abdominal organs should be kept moist to prevent the tissue from drying out.
 - (a) Ensure that the dressing is large enough to cover the entire mass of protruding organs or area of the wound.
 - (b) Using the sterile side of the dressing, or other clean, damp material, gather or keep any protruding organs near the wound and cover the wound.

NOTE: Do not touch exposed organs with bare hands.

- (c) If using a dressing with tails, tie loosely and do not tie directly over the wound.
- **08** Cover the dressed, eviscerated organs with water impermeable non-adhesive material (preferably transparent to allow re-assessment for ongoing bleeding). Examples include the sterile side of a plastic wrapper, IV bag, clear food wrap, etc.
 - **CAUTION:** Do not apply pressure on the wound or further expose internal organs.
- **09** Secure the impermeable dressing to the patient using adhesive bandage (examples: medical tape, chest seal. etc.).
 - **NOTE:** If an adhesive bandage isn't available, loosely cover the dressing with cravats and tie them on the side of the casualty opposite that of the dressing ties (if present).
 - **NOTE:** Use multiple dressings and cravats, if needed, to cover a large wound, ensuring tails of additional dressings are not tied over each other.
- **10** Assess and treat the casualty for shock and continue to reassess periodically.
 - **NOTE:** The most important concern in the initial management of abdominal injuries is shock.

CAUTION: Shock may be present initially or may develop later.



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- 11 Prevent hypothermia as exposed abdominal contents will result in more rapid heat loss.
- **12** Document all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.

IMPALED OBJECT INSTRUCTION

TASK: Bandage and/or splint an impaled object

CONDITION: Given a casualty who has an impaled object in the Tactical Field Care phase **STANDARD:** Control possible life-threatening impalement by bandaging and/or splinting with

improvised equipment without causing further harm to the casualty

EQUIPMENT: Dressing materials (sterile pads, kerlix roll, or field dressings) and securing materials

(tape, bandages, and/or cravats)

PERFORMANCE MEASURES: step-by-step instructions

NOTE: Consider body substance isolation.

NOTE: If a Combat Lifesaver (CLS) is available, direct them to assist.

CAUTION: Do not remove, manipulate, or exert force on the impaled object or on the tissue directly adjacent to the impaled object.

- **01** Gently expose the impaled object by cutting or removing clothing to expose the wound site.
- **02** If the impaled object is protruding from an extremity, check the pulse distal to the wound to determine if circulation is impaired.
 - **NOTE:** If circulation is impaired, prioritize the casualty for evacuation.
- O3 Assess the wound, and if serious bleeding is present, apply direct pressure to control bleeding, ensuring that you do not apply pressure to the impaled object.
 NOTE: Reassess tourniquet, if applicable.
- **04** Direct the CLS or another first responder to manually stabilize the impaled object while you dress the wound.
- **05** Apply a dressing to the wound and stabilize the impaled object using sterile pads, kerlix roll, or field dressing to prevent motion.
 - **NOTE:** As an alternate method of stabilization, secure using a chest seal.
- **06** Apply additional dressings, if needed, by building up the area around the impaled object to further protect and stabilize the impaled object.
- **07** Secure all dressings using tape, bandages, and/or cravats to hold bulky dressings in place.
- **08** If the wound is on an extremity, immobilize the extremity using a splint.
 - **NOTE:** Reassess pulse, motor, sensory upon splinting.
- Reassess dressing for hemorrhage control.Reassess casualty for shock.
- 11 Document all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.



COMBAT MEDIC/CORPSMAN TACTICAL COMBAT CASUALTY CARE SKILL INSTRUCTIONS



AMPUTATION BANDAGING INSTRUCTION

TASK: Dress and bandage an amputation

CONDITION: Given a casualty who has a traumatic amputation with or without the amputated limb

recovered in the Tactical Field Care phase

STANDARD: Dress the amputation and care for an amputated part without causing further harm to

the casualty

EQUIPMENT: Gauze, other dressing materials, elastic bandages, and cravats

PERFORMANCE MEASURES: step-by-step instructions

NOTE: Consider body substance isolation.

NOTE: If a Combat Lifesaver is available, direct them to assist.

- **01** Expose the injury and assess the bleeding source.
- **02** Apply gauze or other dressing materials and wrap the casualty's stump, ensuring all areas are covered.
- **O3** Apply elastic wrap or cravats over the gauze, extending 4 inches above the wound. **NOTE:** You may need to use more than one package of gauze and elastic wraps.
- **04** Place and loosely wrap the amputated body part, if found, in saline-moistened sterile gauze.
- **05** Seal the amputated body part inside a plastic bag or wrap it in a cravat.

NOTE: Place in container with ice, if available.

CAUTION: Avoid further injury to the amputated body part by:

- (a) Never warming an amputated body part.
- (b) Never placing an amputated body part directly in water.
- (c) Never placing an amputated body part directly on ice.
- (d) Never using dry ice to cool an amputated body part.
- Transport the body part with the casualty to the hospital for possible reimplantation or skin graft. CAUTION: Do not delay transport of a patient in order to locate and care for an amputated body part.
- 07 Document all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.

Developed by the

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